

# My Body

Peter Alsop

My bod - y's no - bod - y's bod - y but mine.. You run your own bod - y; let me run mine!

My nose was made to sniff and to sneeze, To smell what I want, and to pick when I please!

My lungs were made to hold air when I breathe.. I am in charge of just how much I need!

My bod - y's no - bod - y's bod - y but mine.. You run your own bod - y; let me run mine!

My legs were made to dance me a-round, To walk and to run, and to jump up and down. And

my mouth was made to blow up a bal-loon. I can eat, kiss and spit. I can whis-tle a tune!

My bod - y's no - bod - y's bod - y but mine.. You run your own bod - y; let me run mine!

29 G D G

No one knows my bod-y bet-ter than me.. It tells me, "Let's eat." It tells me, "Go pee!"

33 G D G

My bod- y's no-bod- y's bod-y but mine.. You run your own bod- y; let me run mine! Don't

37 G D G

hit me or kick me; don't push or shove.. Don't hug me too hard when you show me your love!

41 G D G

My bod- y's no - bod- y's bod-y but mine.. You run your own bod- y; let me run mine!

45 G D

Some - times, it's hard to say, "No!" and be strong.. When the

47 G

"No!" feel - ings come, then. I know some - thing's wrong! 'Cause

49 G D

my bod - y's mine from my head to my toe, Please

51 G

leave it a - lone when you hear me say, "No!"

53 G D G

My bod- y's no - bod- y's bod-y but mine.. You run.your own bod. - y; let me. run mine!

57 G D

Se - crets\_ are fun\_\_\_\_\_ when they're filled with sur - prise\_\_\_ But

59 G

not when. they hurt us\_\_\_ with tricks, threats,. and lies.

61 G D G

My bod- y's mine. to be used as I choose,. Not to\_ be threat-ened. or forced or\_ a-bused!

65 G D G

My bod- y's no - bod- y's bod-y but mine.. You run.your own bod. - y; let me. run mine!

69 G D

Our bod\_\_ - y's one\_\_\_\_\_ bod - y; one voice is heard.\_\_\_\_ We

71 G

each sing\_ for free - dom\_ when we sing\_\_\_ these words!

73 G D G

My bod- y's no - bod- y's bod-y but mine.. You run.your own bod. - y; let me. run mine!

# My Body

G6 C6 G2 D7sus

23 Harmonica

G D G

23 Harmonica

My bod- y's no- bod- y's bod- y but mine. You run your own bod- y; let me run mine!

G D G

My nose was made to sniff and to sneeze, To smell what I want, and to pick when I please!

G D G

My lungs were made to hold air when I breathe. I am in charge of just how much I need!

G D G

My bod- y's no- bod- y's bod- y but mine. You run your own bod- y; let me run mine!

G D G

My legs were made to dance me a-round, To walk and to run, and to jump up and down. And

G D G

my mouth was made to blow up a bal-loon. I can eat, kiss, and spit. I can whis- tle a tune!



My bod- y's no- bod- y's bod- y but mine. You run your own bod- y; let me run mine!



No one knows my bod- y bet- ter than me. It tells me, "Let's eat." It tells me, "Go peel"



My bod- y's no- bod- y's bod- y but mine. You run your own bod- y; let me run mine! Don't



hit me or kick me; don't push or shove. Don't hug me too hard when you show me your love!



My bod- y's no- bod- y's bod- y but mine. You run your own bod- y; let me run mine!



Some- times, it's hard to say, "No!" and be strong. When the "No!" feel- ings come, then I know some- thing's wrong! 'Cause



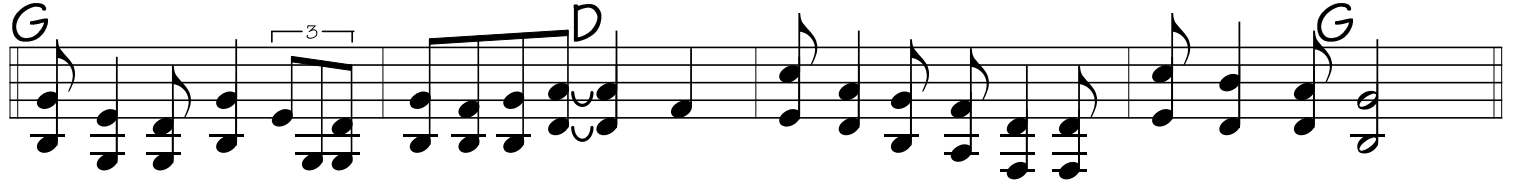
my bod- y's mine from my head to my toe, Please leave it a- lone when you hear me say, "No!"




My bod- y's no- bod- y's bod- y but mine. You run your own bod- y; let me run mine!



Se- crets are fun when they're filled with sur-prise But not when they hurt us with tricks, threats, and lies.



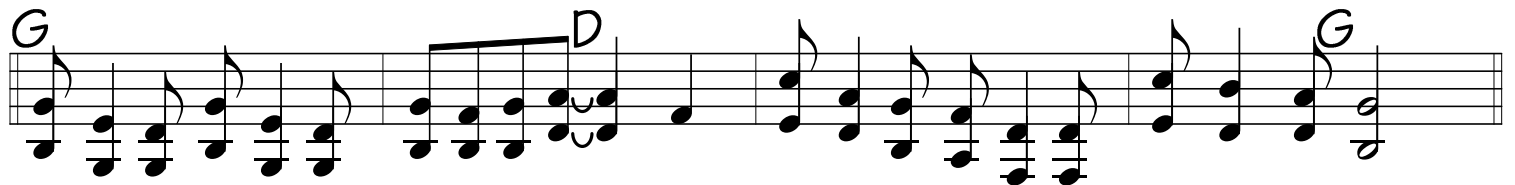
My bod- y's mine to be used as I choose, Not to be threat-ened or forced or a- bused!



My bod- y's no- bod- y's bod- y but mine. You run your own bod- y; let me run mine!

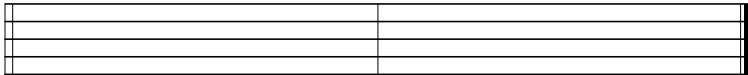


Our bod- y's one bod-y; one voice is heard. We each sing for free- dom when we sing these words!



My bod- y's no- bod- y's bod- y but mine. You run your own bod- y; let me run mine!

G2



# My Body -- Acoustic String Bass

Tab

G6<sub>7</sub> C6 G2 D7sus G D G

33 Acoustic String Bass

G D G G D G

G D G G D G

G D G G D G

G D G G D G

G D G G D G

Tab 5 5 5 3 3 5 5 5 5 5 5 3 3 5 2 5 5 5 5 5 7 5 5 5 3 3

G D G G D G

5 5 3 0 5 5 7 5 5 3 5 5 5 5 5 7 5 3 3

G D G G D G

5 5 5 3 3 5 5 5 5 7 5 5 5 5 5 5 3 5 5 7 5 5 3 3

G D G G D G

5 5 5 3 5 5 5 7 5 5 5 10 10 10 10 10 5 5 5 5 5 7 5 5 3 3

G D G G D G

5 5 3 5 5 5 5 5 5 5 3 3 5 2 3 5 5 5 5 7 5 5 3 3

G2

3 5 5 3 3



# My Body -- Acoustic Piano

G6 C6 G2 D7sus G D

The first system of music is in 4/4 time and G major. It consists of two staves: a treble clef staff and a bass clef staff. The treble staff contains a melodic line with eighth and sixteenth notes, while the bass staff provides a simple harmonic accompaniment with quarter and eighth notes. Above the treble staff, the chords G6, C6, G2, D7sus, G, and D are indicated for each measure. A 'Piano' dynamic marking is present in the first measure.

G G D G

The second system continues the piece. It features a treble staff with a melodic line and a bass staff with accompaniment. The chords G, G, D, and G are indicated above the treble staff. The second measure of the G chord includes a triplet of eighth notes in the treble staff. The fourth measure of the D chord also features a triplet of eighth notes in the treble staff.

G D G G D

The third system of music shows a continuation of the melody and accompaniment. The chords G, D, G, G, and D are indicated above the treble staff. The final measure of the D chord includes a triplet of eighth notes in the treble staff.

G G D G

The fourth and final system of music concludes the piece. The chords G, G, D, and G are indicated above the treble staff. The final measure of the G chord includes a triplet of eighth notes in the treble staff.

Chord progression: G, D, G, G, D

Chord progression: G, G, D, G

Chord progression: G, D, G, G, D

Chord progression: G, G, D, G

Chord progression: G, D, G, G, D

The first system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#). It features a melodic line with several triplet markings. The lower staff is in bass clef and provides a harmonic accompaniment. Chord symbols G, G, D, and G are placed above the first four measures of the system.

The second system continues the piece with two staves. The upper staff has a melodic line with triplet markings. The lower staff provides accompaniment. Chord symbols G, D, G, G, and D are placed above the first five measures.

The third system consists of two staves. The upper staff has a melodic line with triplet markings. The lower staff provides accompaniment. Chord symbols G, G, D, and G are placed above the first four measures.

The fourth system consists of two staves. The upper staff has a melodic line with triplet markings. The lower staff provides accompaniment. Chord symbols G, D, G, G, and D are placed above the first five measures.

The fifth system consists of two staves. The upper staff has a melodic line with triplet markings. The lower staff provides accompaniment. Chord symbols G and G2 are placed above the first two measures. The system concludes with a double bar line.

# My Body -- Clean Electric Guitar

G6 C6 G2 D7sus G G D G

28 Clean Electric Guit

Tab

Detailed description: This system contains the first two measures of the guitar piece. The top staff is a treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The notes are G4, B4, D5, G5, C6, G6, G5, B4, D5, G5, C6, G6. The guitar tab below shows the fretting: measure 1 has open strings (0) on all strings; measure 2 has frets 9 and 10 on the 2nd and 3rd strings respectively.

G D G D G D G D

Detailed description: This system contains measures 3 and 4. The top staff shows notes G4, B4, D5, G5, C6, G6, G5, B4, D5, G5, C6, G6. The guitar tab shows frets 7 and 9 on the 2nd and 3rd strings in measure 3, and frets 10 and 12 on the 2nd and 3rd strings in measure 4.

G D G D G D G D

Detailed description: This system contains measures 5 and 6. The top staff shows notes G4, B4, D5, G5, C6, G6, G5, B4, D5, G5, C6, G6. The guitar tab shows frets 10 and 12 on the 2nd and 3rd strings in measure 5, and frets 10 and 12 on the 2nd and 3rd strings in measure 6.

G D G D G D G D

Detailed description: This system contains measures 7 and 8. The top staff shows notes G4, B4, D5, G5, C6, G6, G5, B4, D5, G5, C6, G6. The guitar tab shows frets 10 and 12 on the 2nd and 3rd strings in measure 7, and frets 7 and 9 on the 2nd and 3rd strings in measure 8.

G D G D G D G D

Detailed description: This system contains measures 9 and 10. The top staff shows notes G4, B4, D5, G5, C6, G6, G5, B4, D5, G5, C6, G6. The guitar tab shows frets 10 and 12 on the 2nd and 3rd strings in measure 9, and frets 7 and 9 on the 2nd and 3rd strings in measure 10.

System 1: Musical notation and guitar tablature. The staff shows chords G and D. The tablature includes fret numbers 7, 9, 10, 12, and 13.

System 2: Musical notation and guitar tablature. The staff shows chords G and D. The tablature includes fret numbers 7, 9, 10, 12, and 13.

System 3: Musical notation and guitar tablature. The staff shows chords G and D. The tablature includes fret numbers 7, 9, 10, 12, and 13.

System 4: Musical notation and guitar tablature. The staff shows chords G and D. The tablature includes fret numbers 7, 9, 10, 12, and 13.

System 5: Musical notation and guitar tablature. The staff shows chords G and D. The tablature includes fret numbers 7, 9, 10, 12, and 13.

System 6: Musical notation and guitar tablature. The staff shows a G2 chord and a triplet. The tablature includes fret numbers 7, 9, 10, and 12.

# My Body -- Strings

G6 C6 G2 D7sus G

49 Strings

Detailed description: This block shows the first musical staff in G major, 4/4 time. It features five measures with guitar chord diagrams above the staff. The chords are G6, C6, G2, D7sus, and G. The diagrams show fingerings for each chord. A small box labeled '49 Strings' is located below the first measure.

G D G G D G

Detailed description: This block shows a musical staff with six measures. The first four measures contain guitar chord diagrams for G, D, G, and G. The last two measures contain only the chord letters D and G. The diagrams show fingerings for each chord.

G D G G D G

Detailed description: This block shows a musical staff with six measures. The first four measures contain guitar chord diagrams for G, D, G, and G. The last two measures contain only the chord letters D and G. The diagrams show fingerings for each chord.

G D G G D G

Detailed description: This block shows a musical staff with six measures. The first four measures contain guitar chord diagrams for G, D, G, and G. The last two measures contain only the chord letters D and G. The diagrams show fingerings for each chord.

G D G G D G

Detailed description: This block shows a musical staff with six measures. The first four measures contain guitar chord diagrams for G, D, G, and G. The last two measures contain only the chord letters D and G. The diagrams show fingerings for each chord.

G D G G D G

Detailed description: This block shows a musical staff with six measures. The first four measures contain guitar chord diagrams for G, D, G, and G. The last two measures contain only the chord letters D and G. The diagrams show fingerings for each chord.

G D G G D G

